



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

If your heart is heavy within you, then on the outside you should show joy in bearing your cross. Some suffering must come.

Prayer for Departed Loved Ones

In Your hands, O Lord, we humbly entrust our brothers and sisters. In this life, You embraced them with Your tender love; deliver them now from every evil and bid them eternal rest. Welcome them into paradise, where there will be no sorrow, no weeping or pain, but fullness of peace and joy with Your Son and the Holy Spirit, forever and ever. Amen.



The Parable of the Fig Tree

Like us on Facebook
The Catholic Parish of Pittwater

You can find us on Instagram
(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE FRANCIS' PRAYER INTENTION FOR NOVEMBER

For Those Who Lost A Child

Let us pray that all parents who mourn the loss of a son or daughter find support in their community, and may receive peace of heart from the Spirit of Consolation.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9:30 am, followed by *Healing Mass/ Anointing of the Sick* at 10.30 am

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick* at 8.00 am

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on Saturday

BAPTISM
3rd Sunday of the Month
11.00 am

We Pray for

all the souls of the faithful departed, through the mercy of God, rest in peace.
Amen

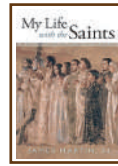
Prayer for the Sick

Anna Śmigowska
Anne Gerathy
James
Bruce Farr
Cindy Kalalo
Maureen Larios
Denise Wagner
Anna Maria
Elaine Boyes
Pauline Chipman
Anna
Svetlana
Leonor
Sofia
Anna Kantonec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Robert McCauley
Heidi Taylor

BOOK REVIEW

My Life with the Saints

By: Fr James Martin SJ



From lukewarm Catholic childhood, James tells us how, from being a business executive to a Jesuit, he was accompanied by surprising friends, the Saints of the Church.

Jesus Christ
IS THE SAME
YESTERDAY,
TODAY, AND
FOREVER.
HEBREWS 13:8

Liturgy for the Week

- 18/11 **Monday, Ordinary Time 33**
Rev 1:1-4, 2:1-5; Lk 18:35-43
- 19/11 **Tuesday, Ordinary Time 33**
Rev 3:1-6, 14-22; Lk 19:1-10
- 20/11 **Wednesday, Ordinary Time 33**
Rev 4:1-11; Lk 19:11-28
- 21/11 **Thursday, The Presentation of the Blessed Virgin Mary**
Rev 5:1-10; Lk 19:41-44
- 22/11 **Friday, St Cecilia**
Rev 10:8-11; Lk 19:45-48
- 23/11 **Saturday, Ordinary Time 33**
Rev 11:4-12; Lk 20:27-40

Scan to Give to our Parish of Pittwater

Cashless Fast Secure



Scan the QR code above with your camera app and follow the prompts

Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.



menALIVE

A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & a great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet
First Tuesday of every Month
at 7pm
Sacred Heart Parish Centre

Bringing men together, to renew their faith in God & encourage them to be an active force of renewal in the Church.

For any questions contact
Joe Cilia – 0418 863 814



“Connecting to the Mission of Jesus Christ!”

NOVEMBER APPEAL

“Your generosity with our Pastoral Works appeal helps us go further and wider in helping our community of Broken Bay, and more deeply connect us to our vision and the Mission of Jesus Christ. I am deeply grateful for your support.”

MOST REV ANTHONY RANDAZZO DD JCL BISHOP OF BROKEN BAY

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in public schools.

**Hospital Chaplaincy
and Pastoral Care**



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and families.

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Please give generously to our
NOVEMBER 2024 APPEAL

Your Tax-deductible gift supports vital pastoral ministries in our local community. Donate online at www.bbcatholic.org.au/pastoralworks



The Pastoral Works Broken Bay November 2024 Appeal is now underway!

PWBB supports two key charitable works in the Diocese:
the Confraternity of Christian Doctrine (CCD)
and our Hospital Chaplaincy and Pastoral Care Program.

Asking for donations is never taken for granted, especially in challenging economic times. However, parishioners have been extremely generous in supporting the diocese's charitable works.

Our Pastoral Works Appeal connects everyone to the mission of Jesus Christ in our Diocese. Every gift or donation brings comfort, friendship, or security and often opens the doorway to a faith-filled life.

Donation envelopes are available in both churches, and parishioners can also *scan the QR code on the envelopes*, posters and social media tiles if they want to donate using the option on our website. While donations can be made at any time, The Pastoral Works November Appeal is the last one for the 2024 calendar year, and all donations over \$2 are tax deductible.

Parish Directory

Pittwater Parish

1 Keenan Street,
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Fr Richard Sadowski SDS
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Assistant Priest
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ap@pittwaterparish.org

Parish Secretary
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Administrative Assistant
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Sacramental Coordinator
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sacraments@pittwaterparish.org

**CCD Catechist
Coordinators**
Maureen Wooldridge
Mobile 0421 907 469
Veronica Thomas
Mobile 0417 061 534

Sacred Heart Church
1 Keenan Street, Mona Vale

Maria Regina Church
7 Central Road, Avalon

SCHOOLS

Sacred Heart School
Mona vale
Tel 8197 6900
Principal: Mr Jamie Wahab

Maria Regina School
Avalon
Tel 7256 2138
Principal: Ms Kirsty Thorpe

**Mater Maria Catholic
College**
Warriewood
Tel 7256 2100
Principal: Mr Marc Reicher



Parish Bulletin – Term 4, Week 5

This Monday marked the start of yearly examinations for Year 7, 8, and 9 students. Please keep them in your thoughts and prayers during this important time.

Also on Monday, we gathered in the College amphitheatre for our Remembrance Day Service, observing a moment of silence to honour Australians who have served and sacrificed for our nation. Students attended the service at Pittwater RSL.

Year 10 students had a busy week with various activities in the Enrichment Program, including Peer Counselling Training for next year's new Year 7s, a visit to the Chau Chak Wing Museum, and an exciting day of wakeboarding at Cables Wake Park. Others participated in the P.A.R.T.Y program at Royal North Shore Hospital, focusing on injury prevention, or visited the Jesuit Refugee Service in Westmead to learn about faith in action.

Students in Years 9 and 10 taking the Stage 5 Ignite Mathematics course participated in mathematical challenges at CSBB in an Escape Room format.

Several students received awards at the CSBB Religious Creative Arts Competition on Wednesday evening, showcasing their talents in visual arts, film and live performances. Two students from Mater Maria MC'd at the event alongside Most Rev. Bishop Anthony Randazzo and the Director of Catholic Schools, Mr Danny Casey.

Pathways activities included a visit from Bill James, Founder of Top Deck Travel, and a tour of Sydney Flight College for Years 10 and 11. Year 11 Earth and Environmental Science students learned about sustainability from the CEO of Colormaker Industries.

In sports, students participated in the Chloe Dalton Girls Rugby 7's for Years 7-9, MWBA Basketball for all year groups, and Year 10 students attended the CSBB Volleyball Championships at Niagara Park.

Faith Fridays continue during lunchtimes, offering a chance for our community to reflect and pray together.

The College is accepting applications for Year 7 in 2027 and 2028, with a waitlist for Year 6 to Year 7 transitions in 2025 and 2026. For more information or to apply, please visit the enrolments page at matermaria.nsw.edu.au/enrolments.

FAITH ♥ HOPE ♥ LOVE

but the greatest of these is love

1 CORINTHIANS 13:13

Taking the Risk in Trusting God: An Invitation

Trust in the Lord with all your heart, on your own intelligence do not rely; in all your ways be mindful of him, and he will make straight your paths".
(Proverbs 3:5-6).



I've heard Proverbs 3:5-6 probably a million times since I was a kid. Most of the time, my reaction has been along the lines of, "Yeah, yeah, I know." Growing up in the Catholic faith, "trust" is the answer to everything. We learn the one-line prayer early on: "Jezu ufam tobie," or "Jesus I trust in You."

The Riskiness of Surrender

The thing about trust is that it involves surrender—and, when you're a goal-oriented, pull-yourself-up-by-your-bootstraps, do-it-yourselfer type, surrender is a big ask. It means letting go of control and the pursuit of perfect plans.

Why is surrender such a scary thought? Because it involves risk.

When we don't know the outcome of a situation, surrender feels like a long shot. In the business world, we don't make an investment or sign a contract if we don't know what we'll be getting out of it. It would be imprudent. Yet, it can feel like faith calls us to take a risk. What will we get out of it? We can't know his will for certain, but we do know that he will never leave us wanting. The Bible is filled with reminders of God's promises, telling us time and again that he wants the best for us; we are the ones holding on to what we think is right. It's not until we let go "of our own understanding"—that is, our self-reliance and pride—that we can leave our hands open to receive what he has in store for us. We can trust him, because love can be trusted. Love never leaves us empty.

"Jesus, I Trust in You"

The following quotes from Saint Faustina's diary may serve as a reminder to trust in God and His timing:

"The more a soul trusts, the more it will receive".

"I am Love and Mercy itself. When a soul approaches Me with trust, I fill it with such an abundance of graces that it cannot contain them within itself, but radiates them to other souls".

"When I see that the burden is beyond my strength, I do not consider or analyse it or probe into it, but I run like a child to the Heart of Jesus and say only one word to Him: 'You can do all things.' And then I keep silent, because I know that Jesus Himself will intervene in the matter, and as for me, instead of tormenting myself, I use that time to love Him".

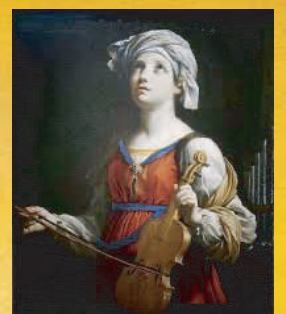
by: Blanca Therese Morales
Catholic Women in Business

Feast Day of *Saint Cecilia* Patron Saint of Musicians

Friday, 22 November

O Lord, please bless this music that it might glorify
Your Name. May the talent that You have
bestowed upon us be used only to serve You.

Amen.



FAITH
 is trusting GOD
 even when
 you don't
 understand
 His plan.

SAVE THE DATE
Saturday,
14th December
 for the Catholic Parish of Pittwater
Christmas Carols &
Dinner
 More details to follow in the
 succeeding week.

Please Order Your
 2025 Daily Mass Book
 for \$30
 by Monday, 25 November



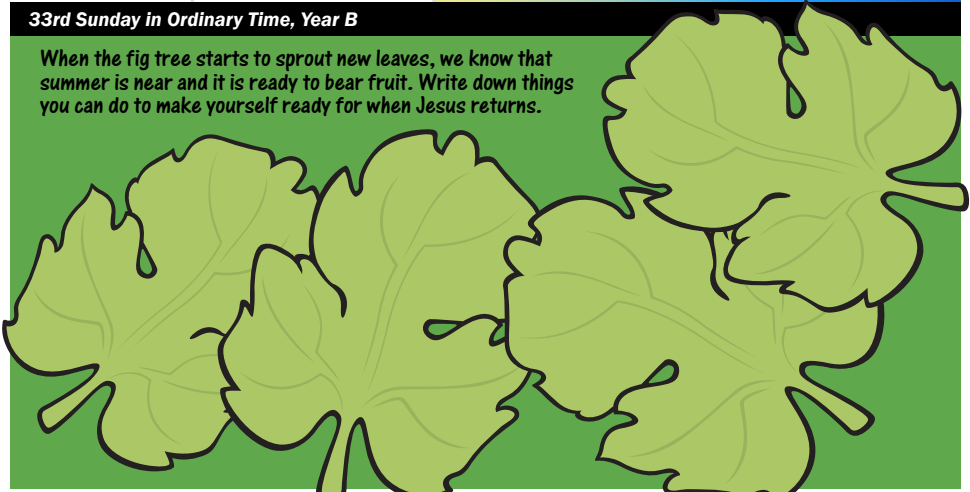
We are placing another
 order for those who have
MISSED OUT last month.
 Please drop by at the
 Parish Office
 or ring us on 9517 0999



We are God's chosen ones

33rd Sunday in Ordinary Time, Year B

When the fig tree starts to sprout new leaves, we know that summer is near and it is ready to bear fruit. Write down things you can do to make yourself ready for when Jesus returns.




When Jesus returns, God will send his angels to gather his chosen ones. Write down the names of some people you know for the angels to gather.



FIND THE SECRET ANSWER

Help the angel find the hidden answer to the question.... "Who will know when the time is right for Jesus to return?". In the puzzle below, cross out any letter that appears four or more times. Then unscramble the remaining letters to complete the verse below.

B	M	G	S	N	D	V	K	P	Y	Z
J	W	Q	I	H	Z	O	S	W	E	V
P	C	T	B	V	Q	G	X	M	P	I
M	Q	S	L	N	K	Y	C	S	U	B
X	D	J	M	T	X	V	D	J	Z	V
L	U	O	K	S	J	B	K	C	D	R
Q	E	L	P	G	O	Z	U	Q	S	Y
G	I	W	U	X	M	F	K	C	N	G
L	O	C	S	B	I	P	L	J	D	P
Z	U	Y	L	H	N	G	Q	A	W	K

ONLY _____ KNOWS.

Parish Morning Tea Gathering

Everyone is welcome to join us every Month after the 8 am Mass on the 1st Sunday 10 am Mass on the 3rd Sunday at

SACRED HEART CHURCH, MONA VALE

2nd and 4th Sundays after the 9 am Mass in front of the

MARIA REGINA CHURCH, AVALON

The *Living* Word

Entrance Antiphon Jeremiah 29:11,12,14

The Lord said: I think thoughts of peace and not of affliction. You will call upon me, and I will answer you, and I will lead back your captives from every place.

First Reading Daniel 12:1-3

A reading from the prophet Daniel
When that time comes your own people will be spared.

At that time Michael will stand up, the great prince who mounts guard over your people. There is going to be a time of great distress, unparalleled since nations first came into existence. When that time comes, your own people will be spared, all those whose names are found written in the Book. Of those who lie sleeping in the dust of the earth many will awake, some to everlasting life, some to shame and everlasting disgrace. The learned will shine as brightly as the vault of heaven, and those who have instructed many in virtue, as bright as stars for all eternity.

The word of the Lord

Responsorial Psalm

Ps 15:5. 8-11. R.v.1

**(R.) Keep me safe, O God:
you are my hope.**

O Lord, it is you who are my portion and cup; it is you yourself who are my prize. I keep the Lord ever in my sight: since he is at my right hand, I shall stand firm. **(R.)**

And so my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead, nor let your beloved know decay. **(R.)**

You will show me the path of life, the fullness of joy in your presence, at your right hand happiness forever. **(R.)**

Second Reading Hebrews 10:11-14, 18

A reading from the letter to the Hebrews

By a single offering he has achieved the eternal perfection of those who are sanctified.

All the priests stand at their duties every day, offering over and over again the same sacrifices which are quite incapable of taking sins away. Christ, on the other hand, has offered one single sacrifice for sins, and then taken his place for ever, at the right hand of God, where he is now waiting until his enemies are made into a footstool for him. By virtue of that one single offering, he has achieved the eternal perfection of all whom he is sanctifying. When all sins have been forgiven, there can be no more sin offerings.

The word of the Lord.

Gospel Acclamation Luke 21:36
Alleluia, alleluia!

Be watchful, and pray constantly, that you may be worthy to stand before the Son of Man.
Alleluia!

Gospel Mark 13:24-32

A reading from the holy Gospel according to Mark
He shall gather his elect from the four winds.

Jesus said to his disciples: 'In those days, after the time of distress, the sun will be darkened, the moon will lose its brightness, the stars will come falling from heaven and the powers in the heavens will be shaken. And then they will see the Son of Man coming in the clouds with great power and glory; then too he will send the angels to gather his chosen from the four winds, from the ends of the world to the ends of heaven. 'Take the fig tree as a parable: as soon as its twigs grow supple and its leaves come out, you know that summer is near. So with you, when you see these things happening: know that he is near, at the very gates. I tell you solemnly, before this generation has passed away all these things will have taken place. Heaven and earth will pass away, but my words will not pass away. 'But as for that day or hour, nobody knows it, neither the angels of heaven, nor the Son; no one but the Father.'

The Gospel of the Lord

Communion Antiphon Psalm 72:28

To be near God is my happiness,
to place my hope in God the Lord.

REFLECTION
by Diane Bergant

Although this is not the last Sunday of the liturgical year, the major theme found in the readings is the end of time. The events that will usher in and will take place during this time are described in apocalyptic terms. The struggles of life will culminate in a massive cosmic confrontation between the forces of good and those of evil. This last battle will be universal in scope, just like the first primordial conflict between chaos and God.

In some way, all of today's readings state that good will finally prevail over evil. In the last days Michael, the angelic warrior of God, will rise up. In the epistle, Christ is pictured seated triumphantly at the right hand of God with his enemies under his foot, a sign of conquest. Finally, in the gospel, the Son of Man, the mysterious figure from apocalyptic literature, comes in the clouds with great power and glory. All of

these images are apocalyptic; each of them is quite hopeful. We read these stories at the close of the liturgical year, because we are coming to the conclusion of our yearly telling of the story of salvation. However, apocalyptic images are timely whenever we find ourselves in the throes of the battle with evil and it appears that we will succumb. These forms will remind us that good will be able to withstand evil. From this we will conclude that we need only trust in God.

© Dianne Bergant CSA



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All proceeds go to the
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Society**

faith

**is confidence in what we hope
for and assurance about what
we do not see.
HEBREW 11:1**

Book of Remembrance



If you would like the names of your deceased loved ones, relatives or friends published in our "Book of Remembrance", please fill in the "November Offerings" envelopes and drop it in to the Parish office or put it in the collection during the weekend Masses. Each day in November, a Mass will be offered for all the names published in our "Book of Remembrance."

Trust God

even when the
circumstances haven't
changed yet.
Trust His timing,
at all times.



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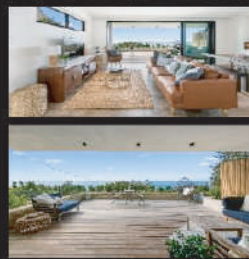
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is trusting God even
when you don't
understand His plan



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